



Hours of Operation
 M/W: 9 am - 8:30 pm
 T/TH: 11:30 am - 8:30 pm
 FRI: 9 am - 6 pm
 SAT: 7:45 am - 12:30 pm
 SUN: 8:30 am - 11:30 pm

Holiday Schedule
 CLOSED Christmas & Easter
 Modified schedule runs for:
 Memorial Day, Fourth of July, Labor Day,
 Thanksgiving Eve/Day, Christmas Eve,

TITLE Boxing Club Milford
 169 Cherry Street • Milford CT
TEXT: 203-693-3838
CALL: 203-701-6100
 www.titleboxinclub.com



Please connect with us on
Social Media for up to date info;
 including weather related delays or

**ONLINE BY
 REQUEST**



WEEK of JUNE 17, 2024 — JUNE 23, 2024

Time	Mon 17	Tues 18	Wed 19	Thurs 20	Fri 21	Sat 22	Sun 23
5:30 AM		45 BOXING PIERRE	45 BOXING PIERRE	45 BOXING PIERRE			
8:30 AM							60 BOXING ZACH
8:00 AM						60 KICKBOXING ANTON	
9:00 AM							
9:15 AM	60 BOXING MIKE		60 BOXING ANTON		60 BOXING MIKE		
9:30 AM						60 BOXING PIERRE	45 @ 945am BOXING CHRISTIAN
10:30 AM			60 ROCK STEADY PARKINSONS - ANTON 10:30		60 ROCK STEADY PARKINSONS 10:30	TITLE KIDS CHRISTIAN 9:30	60 ROCK STEADY PARKINSONS 10:30
11:00 AM						60 BOXING CHRISTIAN	
Afternoon							
12:00 PM		60 BOXING MIKE		60 BOXING KADEN			
2:00 PM							
4:30 PM	60 BOXING KADEN	60 KICKBOXING ANTON	60 BOXING CHRISTIAN	60 BOXING ANTON	60 BOXING KADEN		
Evening							
5:45 PM							
6:00 PM		TITLE KIDS ANTON/CHRISTIAN 6:00	60 BOXING CHRISTIAN	TITLE KIDS ANTON/CHRISTIAN 6:00			
6:30 PM	60 BOXING CHRISTIAN						
7:00pm		60 BOXING ANTON		60 KICKBOXING CHRISTIAN			
7:15 PM			45 BOXING NOELLE				